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aetna®

Dear [Employee Name]:

We are getting ready to launch the next challenge in your health and wellness journey! The Aetna Get ActiveSM program, powered by Virgin Pulse, will use this team-based challenge to help you continue to focus on fitness and building healthy habits.



Pacific Crest Trail

Registration for the third quarter challenge — **Pacific Crest Trail** — begins on July 9, and the challenge begins on July 23. We want you to join the fun. Your team's success depends on your progress. Are you ready?

Are you up for the challenge?

Just log in to your program at member.virginpulse.com to join.

After logging in:

1. Click on the Challenges tab
2. Select JOIN on Pacific Crest Trail challenge
3. Join a suggested team or even create a team of your own

**Registration begins on July 9, and the challenge begins on July 23.
So don't miss out!**

Haven't enrolled yet? No problem. You can enroll in the Aetna Get Active program by going to join.virginpulse.com/aetnagetactive or by clicking the button below.

Enroll

We're here for you

If you have questions, just contact the Aetna Get Active Participant Support Team at aetnagetactive@virginpulse.com.

Good luck and enjoy your next adventure!

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