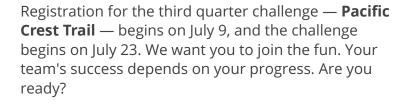
Trouble viewing this? Read this email online.



aetna

Dear [Employee Name]:

We are getting ready to launch the next challenge in your health and wellness journey! The Aetna Get ActiveSM program, powered by Virgin Pulse, will use this team-based challenge to help you continue to focus on fitness and building healthy habits.





Are you up for the challenge?

Just log in to your program at **member.virginpulse.com** to join.

After logging in:

- 1. Click on the Challenges tab
- 2. Select JOIN on Pacific Crest Trail challenge
- 3. Join a suggested team or even create a team of your own

Registration begins on July 9, and the challenge begins on July 23. So don't miss out!

Haven't enrolled yet? No problem. You can enroll in the Aetna Get Active program by going to **join.virginpulse.com/aetnagetactive** or by clicking the button below.

Enroll

We're here for you

If you have questions, just contact the Aetna Get Active Participant Support Team at aetnagetactive@virginpulse.com.

Good luck and enjoy your next adventure!

Aetna is the brand name used for products and services provided by one or more of the Aetna group of subsidiary companies, including Aetna Life Insurance Company and its affiliates (Aetna).

Help/Contact us:

If you have any questions, please **Contact Us**.

You are receiving this because you have elected to communicate with Aetna through email. If you no longer wish to receive these particular messages via email, you may **unsubscribe** at any time.

We are located at 151 Farmington Ave, Hartford, Connecticut 06156.

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